



**Otolaryngology
Specialists
of North Texas**

Pediatric and Adult Ear, Nose, & Throat Specialists

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Otolaryngology Specialists of North Texas, PA

*Your surgery is scheduled for _____ at _____.

*Please arrive at the hospital or surgery center at least 1 hour prior to your scheduled surgery time.

*DO NOT eat or drink anything after 12:00 midnight prior to your surgery, or as directed by your anesthesiologist. Any heart or blood pressure medications should be taken with a sip of water the morning of the surgery.

*DO NOT take any aspirin or aspirin-containing products for one week prior to your surgery (including Motrin, Advil, Ibuprofen, Aleve, Excedrin). If you need a medication for pain, you may use Tylenol (acetaminophen).

*Special instructions for your particular procedure:

*Please call our office at 972-378-0633 if you have any questions about preoperative issues or instructions.

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